

Notes from Youth Voice Executive Committee meeting

Meeting date: Thursday 15 May 2025

Meeting time: **5 – 7:30pm**

Meeting location: Hybrid –

In-person access: 'Mezz' County Hall, Walton Street, Aylesbury, HP20 1UZ

Online access via MS Teams

Staffing: Lucy, Angel, Krissie (online facilitator), Gareth

Guests: Rachel Perowne (PhD student at UCL)

Attendees

Members: In-person: Vice-Chair EC, CE, WT, PH, RH, DT, LW
Online: HD, JR

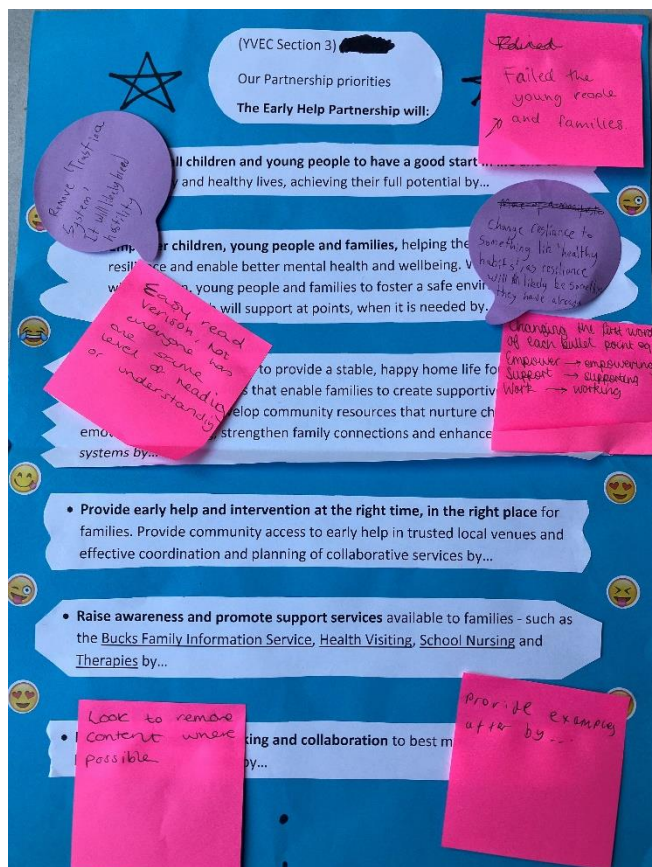
Hello and welcome, overview of agenda for today

The meeting started at 5pm and members joined both in person and online.

Updates / Positive Pineapple

Everybody shared something positive that has happened since we last met.

Bucks Council Early Help Partnership Strategy Consultation



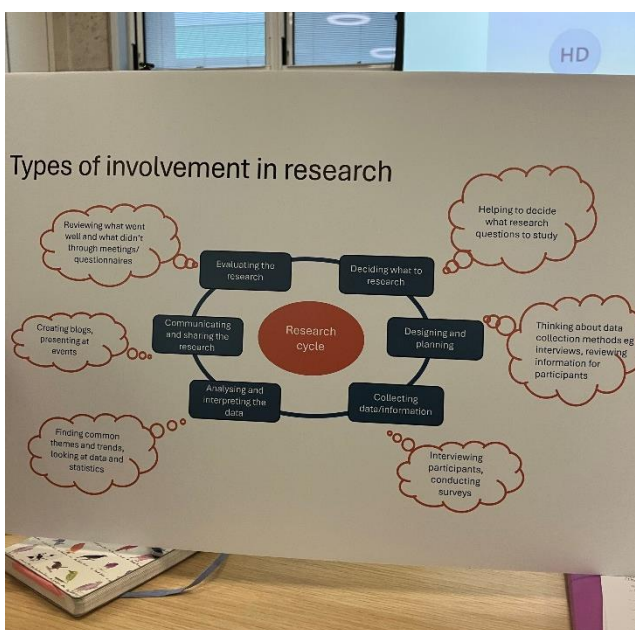
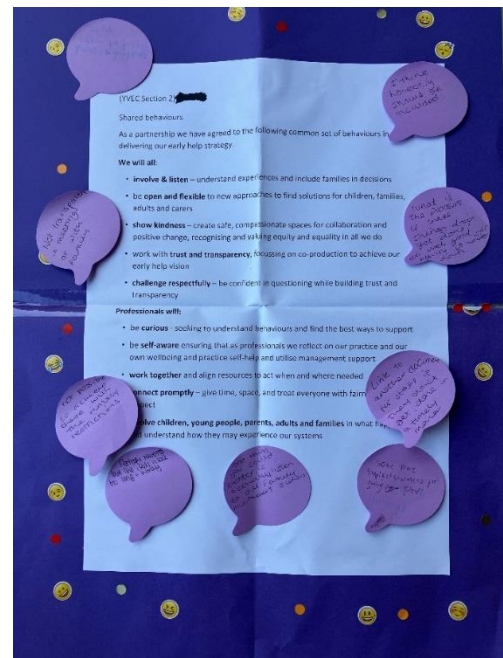
Lucy explained to the YP that the 5-year strategy outlines the plan for a new approach to Early Help in Bucks through a network of community-based sites where early help information, advice and support can be accessed. This will include continuing to grow the Family Hub network to improve wellbeing and opportunities for every parent, family, and child in Bucks to reach their potential.

YVEC members were invited to proofread, share feedback on their understanding of the plan, comment on and give suggestions for improvements. Krissie completed this in another room for those members online.

Here's some of the feedback YVEC members shared:

- 'Change the use of the word resilience to something like healthy habits as resilience will likely be something they have already'
- 'Remove 'trust in a system.' It will likely breed hostility'
- 'Easy read version, not everyone has the same level of reading or understanding'
- 'What is the process if these don't get done? All well and good having it written down'
- 'Not possible to achieve these with the timely restrictions'

Lucy shared all the feedback with Katy and colleagues to improve the document.



Rachel Perowne Mental Health talk

Rachel explained she is studying her PhD at UCL and asked YVEC members if they are interested in taking part in a focus group over the summer break with Rachel and Lucy there to support them. Rachel explained she wants to understand what encourages young people to get involved in mental health research and what puts them off. Participants will need to be aged 16-25 and will get a £25 gift voucher and thank you letter from Rachel for taking part. Several YVEC members seemed interested.

Rachel then did a short Q&A where YVEC members asked questions about University life, PhD's and studying. Great questions were asked such as 'Did you do an undergrad and if so, where did you go and what did you study and any advice on getting into a good uni?' Rachel gave good feedback such as 'do something you're passionate about.'

Action: Lucy to put a message in WhatsApp Youth Voice chat to see who is interested and organise session with Rachel for the summertime, after school and exams have finished.

Action: Lucy to link Rachel with Article 12 for contact as they may be interested.

Food break

We had a 20-minute food break where we ate pizza and picnic style food. Rachel stayed to chat to YVEC members who had any other questions.

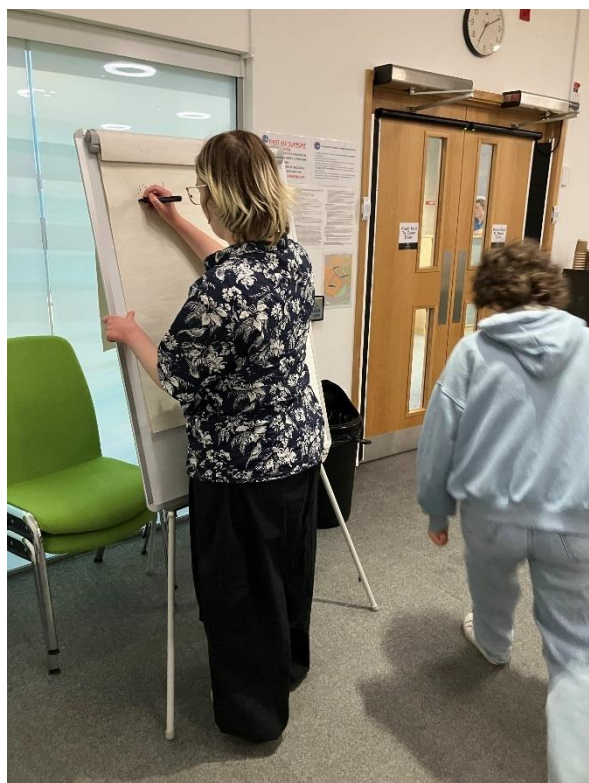
Chidum's Skills session

YVEC members said they would like to start running skills sessions during YVEC to teach the other members skills.

YVEC member Chidum held the first skills session this month and did a fantastic job. She presented a PowerPoint, and the members did quizzes and questions to find out what type of learner they are, kinaesthetic, audio, or visual. Then everyone split into groups and learned about 3 different unusual animals. Krissie completed this with the online members in another room.



The YVEC members enjoyed the session and got a lot out of it at a time where many are sitting their exams.



Summary, AOB and close

- Lucy shared with YVEC members a survey they may be interested in: [The Big Conversation | Children's Commissioner for England](#).
- Lucy explained that there is a chance for YVEC and Shout Out for SEND (our colleague Sam's group) members to join together for the Summer social in July to go to parliament for a tour around. Lucy explained this is not confirmed but wanted to see if members were interested. Alternative would be to go to one of our free venues and have a summer BBQ/fun games type of day. YVEC members were unsure and wanted more time to think about it and decide.

Action: Lucy post in WhatsApp chat survey link and poll to see interest for summer social.

The meeting closed at 7.30pm.

Thank you to everybody who was part of this meeting.

If you have any questions or comments, please contact Lucy via the details below:

07767 433826 / YouthVoiceBucks@buckinghamshire.gov.uk