

## Youth Voice Bucks – Notes from Youth Voice meeting

Meeting date: **Thursday 15<sup>th</sup> August 2024**

Meeting time: **5-7:30pm**

Meeting location: Hybrid –

In-person access: [Buckinghamshire Council building](#)

“**County Hall**”, Walton Street Offices, Walton Street,  
Aylesbury, HP20 1UA

Online access: MS Teams

### Attendees

Members: JH (Chair), SS, LG, PH, AK, SB, JR, IB

Participation team: Lucy, Krissie, Sam

### Hello and welcome, overview of agenda for today

The meeting started at 5pm and members joined both in person and online.

We did a round of introductions including pronouns as not everyone had met.

### Updates / Positive Pineapple

Everybody shared something positive that has happened since we last met.

### Summer Social Blog post

Lucy and EC have been collaborating on writing a blog post for the YVEC Summer Social trip to Oxford. Lucy shared the draft blog post with members as EC was unable to attend.

### JH reflection as Chair

JH (Chair) gave a speech reflecting on the last year as YVEC Chair. Lucy took an audio recording and posted it in the YVEC WhatsApp group chat for everyone to listen to.

### Healthwatch Bucks brainstorm

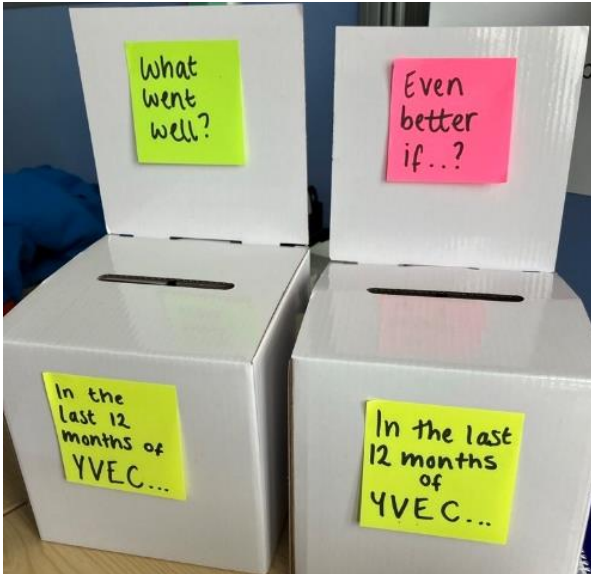
Healthwatch Bucks got in touch with Lucy and Krissie and asked YVEC members to brainstorm ideas for a potential children and young people 3-month project focussing on health and social care.

An overview of brainstormed topics included:

- GP’s and dentists
- Sexual Health
- First Aid
- AI and Medicine
- Additional Training for SEND

Healthwatch Bucks didn’t attend the meeting so more detailed notes were written up by Lucy and sent to them. Healthwatch Bucks will keep YVEC informed of project progress. See appendix 1 for more details.





### Reflection on last 12 months of YVEC

Members reflected on the last 12 months of YVEC by writing on paper and posting into post boxes 'What went well?' and 'Even better if...?'

Post it notes from each box were read out by JR and LG and we talked about each point, reflecting as a group on YVEC over the last 12 months. See Appendix 2 for more details.

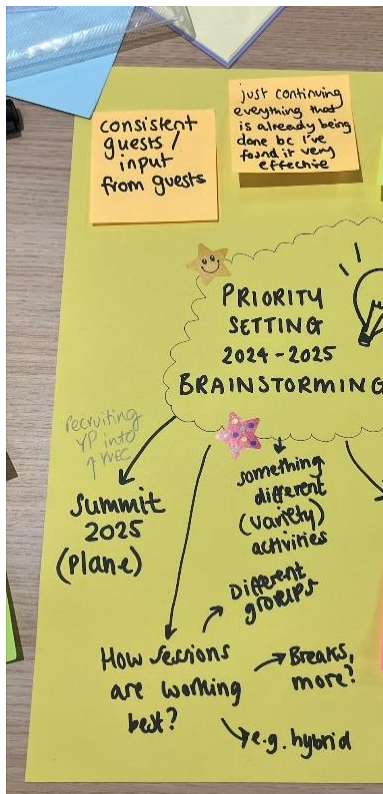
### Pizza

The pizza arrived and we had a 15-minute break.

### Brainstorming priority setting

Following on from the reflection activity, we brainstormed ideas for priority setting 2024-2025. Members made paper airplanes and wrote brainstorm ideas on them.

**Action:** Lucy to bring paper brainstorm ideas to September meeting for all members to agree and confirm priority setting for 2024-2025.



## Summary, AOB and close

- Krissie gave general finance update after the YVEC Summer Social as Treasurer DT couldn't attend.
- Last meeting for member LG. She said a few words and we thanked her for all her contributions to Youth Voice over the years.
- The meeting closed at 7.30pm.

## Appendix

### **1. Notes sent to Healthwatch Bucks:**

#### GP's

- YP's want clarity over which health services to contact/when is appropriate as this can be hard to navigate
- How to sign up to GP/transfer to another GP
- How to access GP without parent/carer input (what age, how etc)
- More clarity on general information – e.g. how to access prescriptions, how to sign up to GP/transfer to another GP
- Hard to articulate symptoms in a short GP appointment so YP's may be put off from making appointments
- Hard to get appointments/phoning can be a barrier

#### Dentists

- Communication - similarly, how many YPs avoid going because they don't know how to book
- What signs/symptoms do YPs think are normal because they haven't been educated
- Acknowledge how many YP understand how the process, making appointments etc

#### First Aid

- Making basic first aid more accessible to YP

#### AI & Medicine

- How can medicine evolve? What will the impact on CYP be?

#### Sexual Health

- What could workers in sexual health services do to make YP's with SEND feel safe, comfortable, heard and not afraid?
- A sexual health clinic for YP with SEND with advisors and doctors

#### Additional Training

- Additional training for health professionals working with SEND
- Tackling unconscious bias/stereotypes

### **2. Reflection of last 12 months of YVEC notes**

#### What went well:

- Lots of professional/organisations showing interest in YVEC and coming to meetings

- New members are welcomed kindly, everyone is friendly and listens to each other's views and ideas
- Hybrid options make it easier to attend more meetings
- The Youth Summit 2024 went well. It was well attended and enjoyable
- Having fidget toys at meetings works well
- Growing and gaining skills and experiences individually and as a YVEC team
- Understanding and supported during a meeting when feeling anxious
- Opportunities for young people, conferences, days out, opportunities beyond monthly meetings
- Becoming more professional
- The Summer Social in Oxford was great fun
- Interview panels

Even better if:

- More chances to review/give feedback on YVEC more often
- Education from experts
- Continue with another Youth Summit (2025)
- Better communication pathways
- More activities in sessions to make it more interesting/accessible
- Potential projects turned down
- More understanding about needs and listening to young people
- More breaks during meetings
- Consistent guests

**Thank you** to everybody who was part of this meeting.

If you have any questions or comments, please contact Lucy via the details below:

07767 433826 / [YouthVoiceBucks@buckinghamshire.gov.uk](mailto:YouthVoiceBucks@buckinghamshire.gov.uk)