

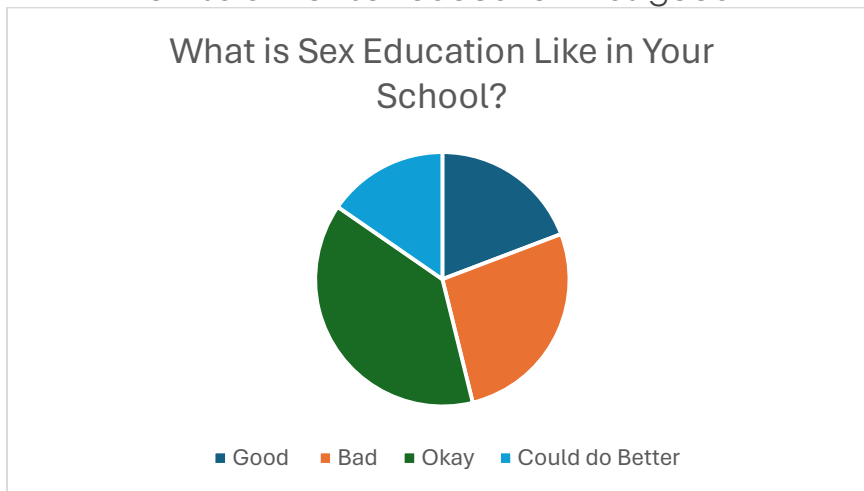
Format

The Sex Education: Do Better conversation space was hosted by Brook in the Waterside Theatre. The Space had 2 large stations and a pin board. Brook Staff had 6 main questions that they asked throughout the 30 minute time scale and got young people to write their ideas and innovations on postit notes and we stuck them to the pin boards.

How is Sex Education in Your School?

Joy Maisey from Brook asked this question to the group. There was lots of umming and aching but once jotted down we discovered that:

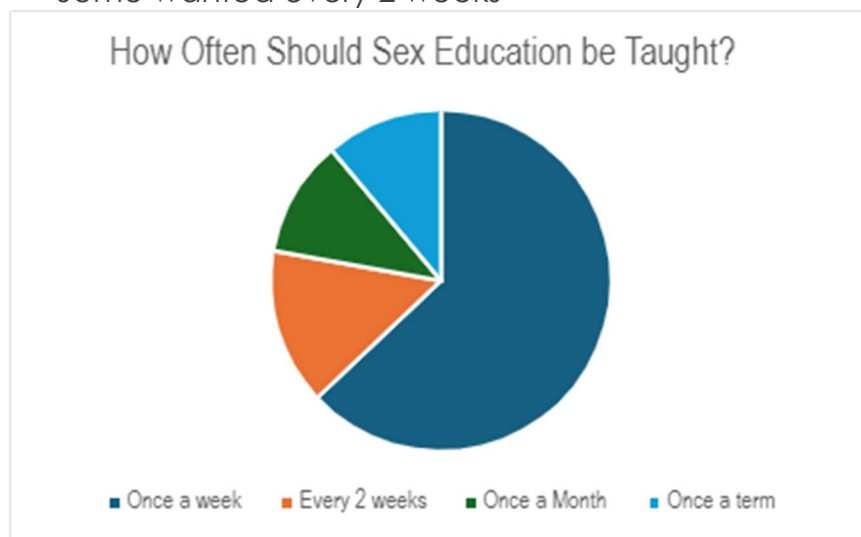
- RSE is mainly Bad or Okay
- Some schools thought it could do better
- A few said their sex education was good



How Often Should Sex Education Lessons be?

This question had a fair clearer winner:

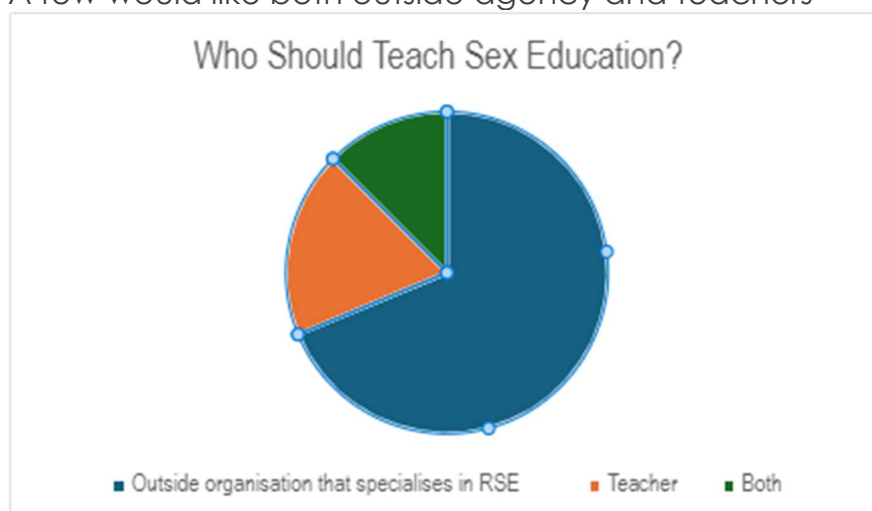
- The majority of young people would RSE once a week
- Some were happy with termly
- Some wanted every 2 weeks



Who Should Teach Sex Education?

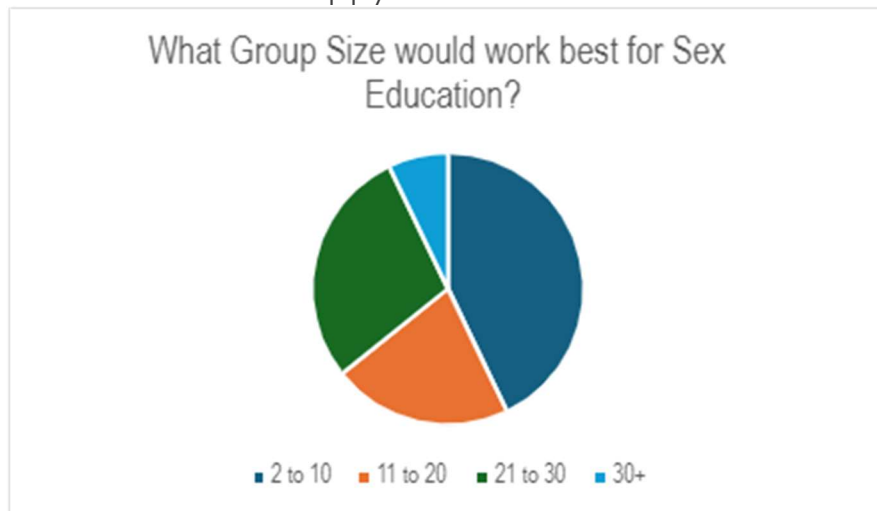
There was a clear choice for young people within the sessions for this question

- 69% of young people wanted an outside agency to teach their RSE
- There was a small group who wanted a teacher from their school commenting that they would need to be specially trained and to be just teaching that subject
- A few would like both outside agency and teachers



What size Group would Sex education be best taught?

- The majority of young people wanted small groups between 2-10
- Some wanted groups smaller for different topics
- Some were happy with classroom size sessions between 20-30



What should we Stop Doing in RSE?

There wasn't much in this section as most young people wanted things to start rather than stop. A few suggestions were the following:

- Stop getting a teacher that doesn't know what they are doing teaching this subject
- Using outdated information and images
- Waiting until there is an issue before teaching subjects
- Running the lessons as a year group assembly

What should we START Doing in Sex Education?

The young people engaged with this question the most with the following being some of the best suggestions:

- Making the sessions more inclusive
- Include LGBTQ+ imagery and information
- Running the lessons regularly

- Training teachers to run the sessions who are really interested in the subject
- Asking students what they want
- Using new information and latest statistics
- Using RSE professionals to run the courses

Key Messages

The key findings from the Sex Education: Do Better conversation space were:

- We think that RSE in school is okay, but could do with improvement
- We want more regular RSE sessions – one a week would be great
- We want to be taught in smaller groups. This is to create a better learning environment and would mean we can explore topics in more detail and ask questions without feeling embarrassed
- We want to be taught by an outside agency or by a specific teacher within the school that has been specially trained
- We want you to stop using teachers that don't enjoy the subject and stop using outdated materials
- We want you to start being more inclusive and use RSE professions to run the sessions